

Frequently Used Counseling Agencies

- Asian American Family Services 713-600-9400
- Serves the mental health needs of the Asian-American community. Provides counseling, screening, referral and follow-up for social services, training, education and advocacy.
 - Psychological/psychiatric evaluations
- Bo's Place 713-942-8339
- A program to assist children who have lost a parent or sibling; Ages 3-18
 - No fee required.
- Catholic Charities 713-526-4611
- Counseling at various locations for children, teens, families, couples and singles using brief therapy of 8-12 sessions, group treatment and parent education.
 - Sliding scale and bilingual services provided
- Center for Creative Resources 713-461-7599
- Low income counseling program. \$15 for first session, then \$10-25 depending upon the client's need and therapist's discretion
- Depelchin Children's Center 713-730-2335
- Testing, diagnosis and treatment for behavior, family and emotional problems. Outpatient and in-home therapy provides evaluation of children needing intensive intervention to prevent hospitalization.
 - CHIP, Medicaid, major insurance slide scale fees
- Legacy Community Health Services 713-351-7360
- Services are provided by psychiatrists, psychologists and therapists for individuals, couples and families.
 - Services include assessment, diagnosis and treatment of a wide range of mental conditions including depression, anxiety, Bipolar Disorder, Attention Deficit Disorders, Autism Spectrum Disorders, Developmental Delay, learning disabilities, and Schizophrenia.
 - CHIP, Medicaid, Medicare & all major insurance are accepted as well as sliding scale

- MHMRA 713-970-7000
- Comprehensive mental health services are provided for youth ages 3-adult; services include health assessment, medication related services, case management, skills training, counseling and crisis management.

Houston Area Psychiatric Hospitals

- Ben Taub Hospital 713-873-2000
- 1504 Taub Loop, Houston, 77030
- Cypress Creek Hospital 281-586-7600
- 17750 Cali Drive, Houston, 77090
- Harris County Psychiatric Hospital 713-741-5000
- 2800 South MacGregor Way, Houston, 77021
 - Call MHMRA for intake
- West Oaks Hospital 713-995-0909
- 6500 Hornwood, Houston, 77074

Useful Information When Referring for Mental Health Services

- If student has insurance, parent **must** call carrier to determine behavioral health services provided first.
- If student does not have insurance, they may call one of the provided resources to determine eligibility for sliding scale fees or call 2-1-1 and let them know they are searching for counseling services within their zip code for a minor without insurance.
- If under the age of 18, parent must call to set up appointment as well as fill out appropriate paperwork and accompany the student to their appointment.

